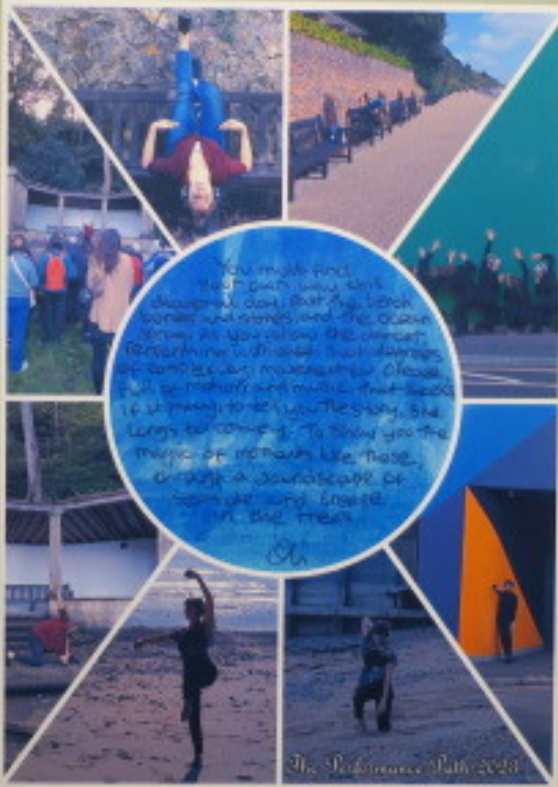


# Performance Path

2023



"dance enables you to  
loose yourself and  
find yourself at the  
same time" Unknown



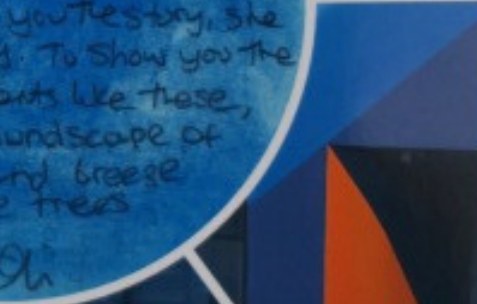


The Performance Path 2023



You must find  
 your own way, this  
 diagonal day, past the bench  
 bones and stones and the ocean  
 spray. As you follow the dancer,  
 performing with ease, such degrees  
 of complexity, movement to please,  
 full of motion and music, that seeks  
 if it may, to tell you the story, she  
 longs to convey. To show you the  
 magic of moments like these,  
 through a soundscape of  
 seaside and breeze  
 in the trees

Oh



023

The Performance Path 2023



*The Performance Path 2023*

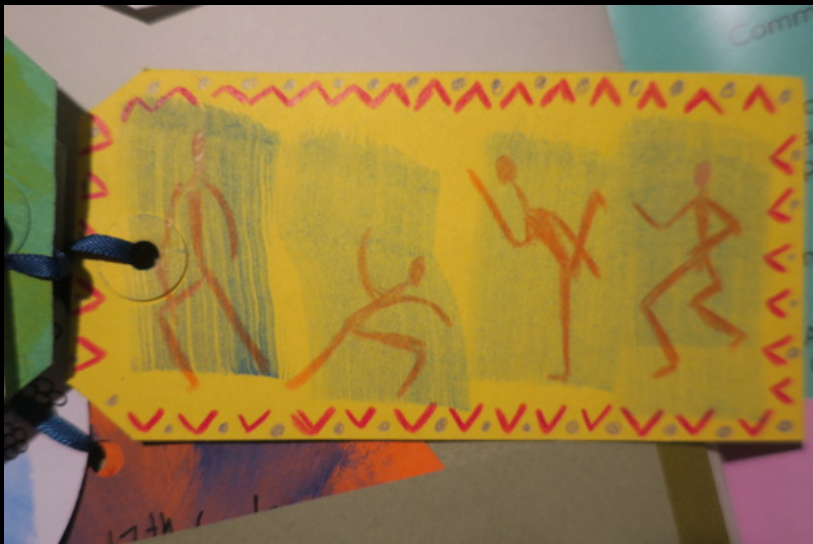
You must find  
your own way, this  
diagonal day, past the bench  
bones and stones, and the ocean  
spray. As you follow the dancer,  
performing with ease, such degrees  
of complexity, movement to please,  
full of motion and music, that seeks  
if it may, to tell you the story, she  
longs to convey. To show you the  
magic of moments like these,  
through a soundscape of  
seaside and breeze  
in the trees

Oh

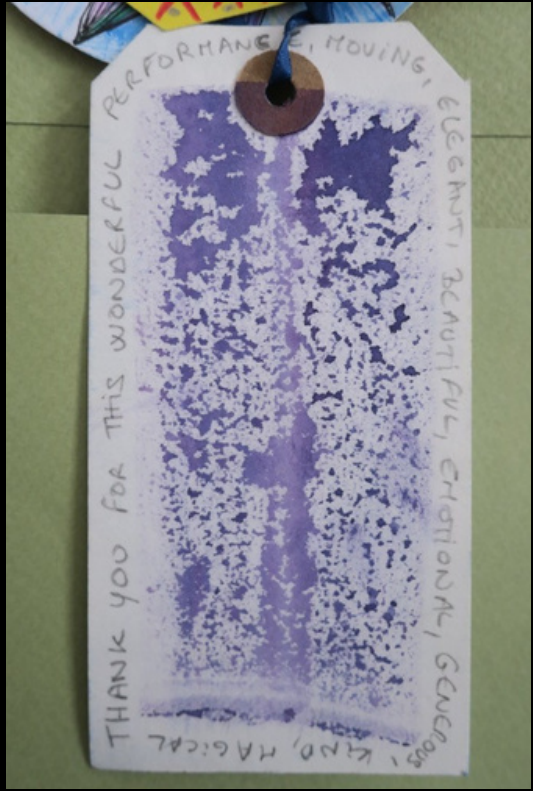




17<sup>th</sup> long walk  
Dance brings joy and happiness to those who participate and those who watch, like seeing a rainbow unexpected happiness. ❤️



MORNING 1.10.18  
GRATITUDE  
DANCE  
LOVE  
FEELINGS  
EMOTIONS  
MELT  
❤️



The Performance Path 2023 was supported using public funding by Arts Council England, with additional funding from East Sussex Arts Partnership.

Project leader, choreographer, and performer: Yanaëlle Thiran

Art workshops facilitator and book designer: Loupe Cooper

Walk assistant and technical manager: Oliver Piotrowski

Community dance workshops facilitators: Yanaëlle Thiran & Keil Morris

Performers and co-creators of Diagonal Dance III: Abbie Mizen, Annie Levack, Alina Scharbl, Emma Peters, Emily Gow, Flora Dickie, Helen French, Lydia Le Bas, Petina Haggood and Stephanie Baker.

Photographers: Antony Edwards, Steven Cropper, Loupe Cooper, Oliver Piotrowski

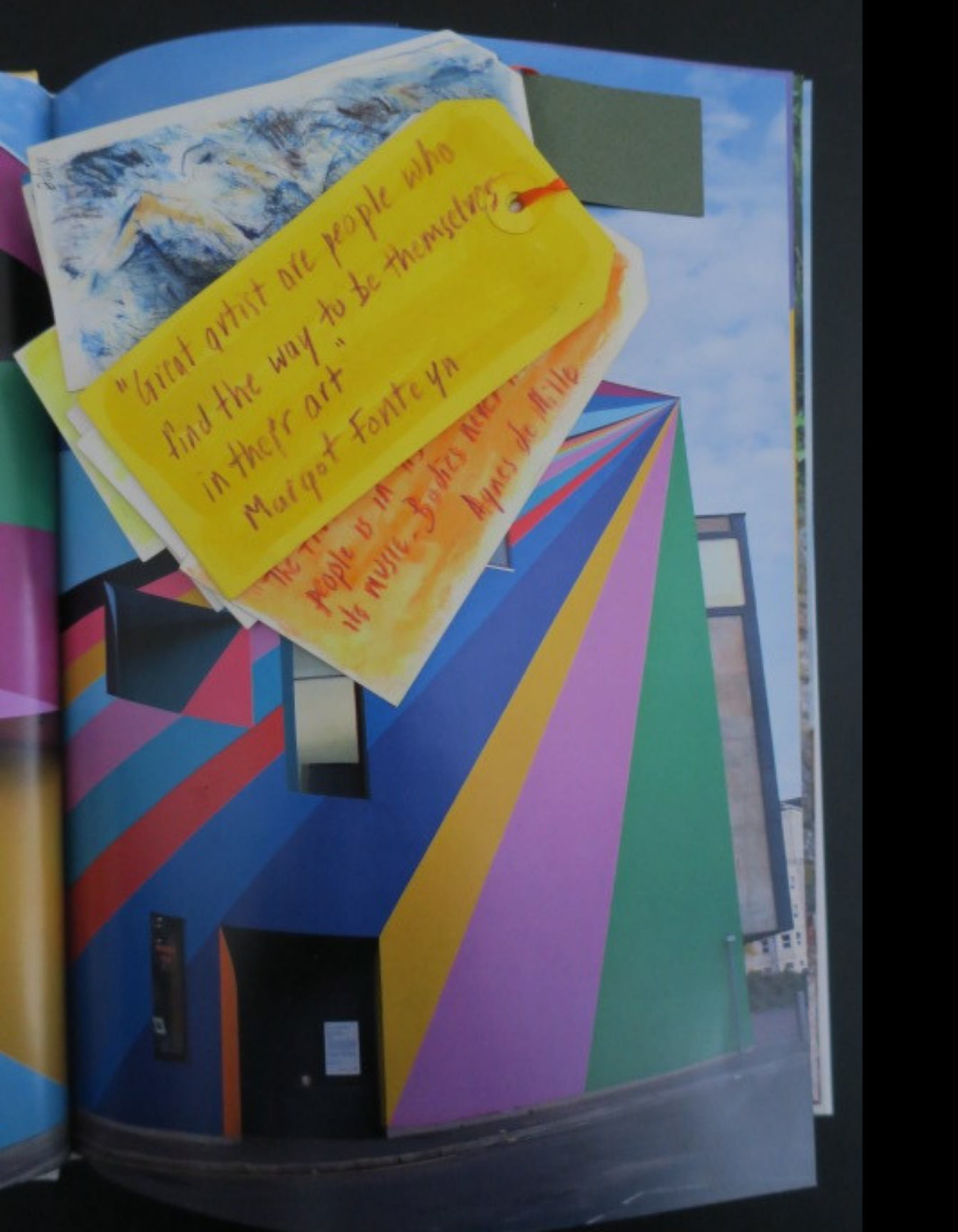
Artwork featured outside Towner Eastbourne: 'Dance Diagonal' by Lothar Götz (2019)

Thanks to all the individuals who walked The Performance Path, drew and wrote the creative responses featured in this book.

Project partners: Age Concern Eastbourne, Eastbourne Alive, Eastbourne Dance Space, Eastbourne Walking Festival, Jewelled Bird Dance, Printers Playhouse and Towner.





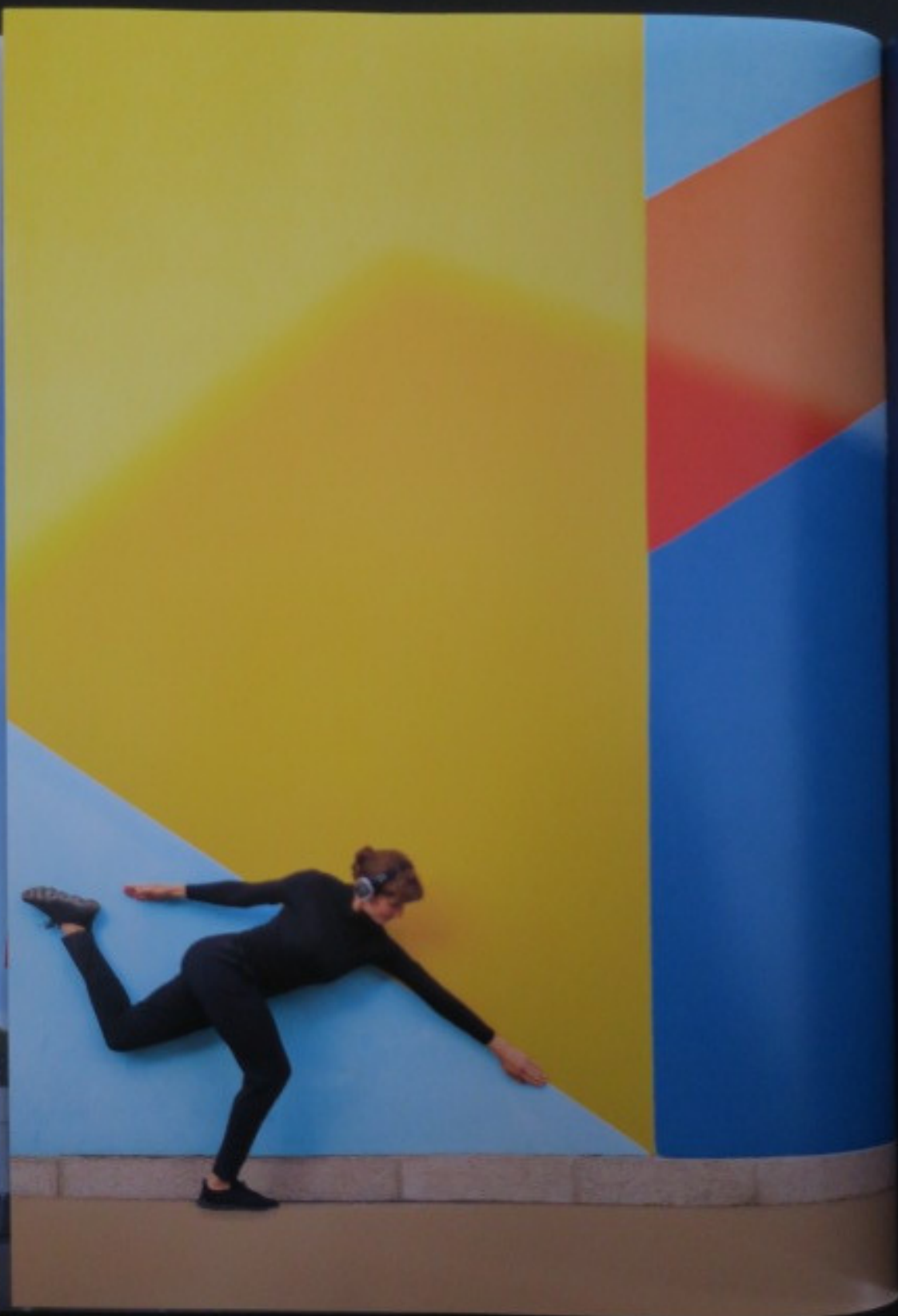


"Great artist are people who  
find the way to be themselves  
in their art"

Margot Fonteyn

"The true  
people is in  
its music - Bodies never  
Apres de Mille







Emma 28-9-23



the propulsion, the emulsion.  
ultra



we can't choose the music  
but we can choose how to dance





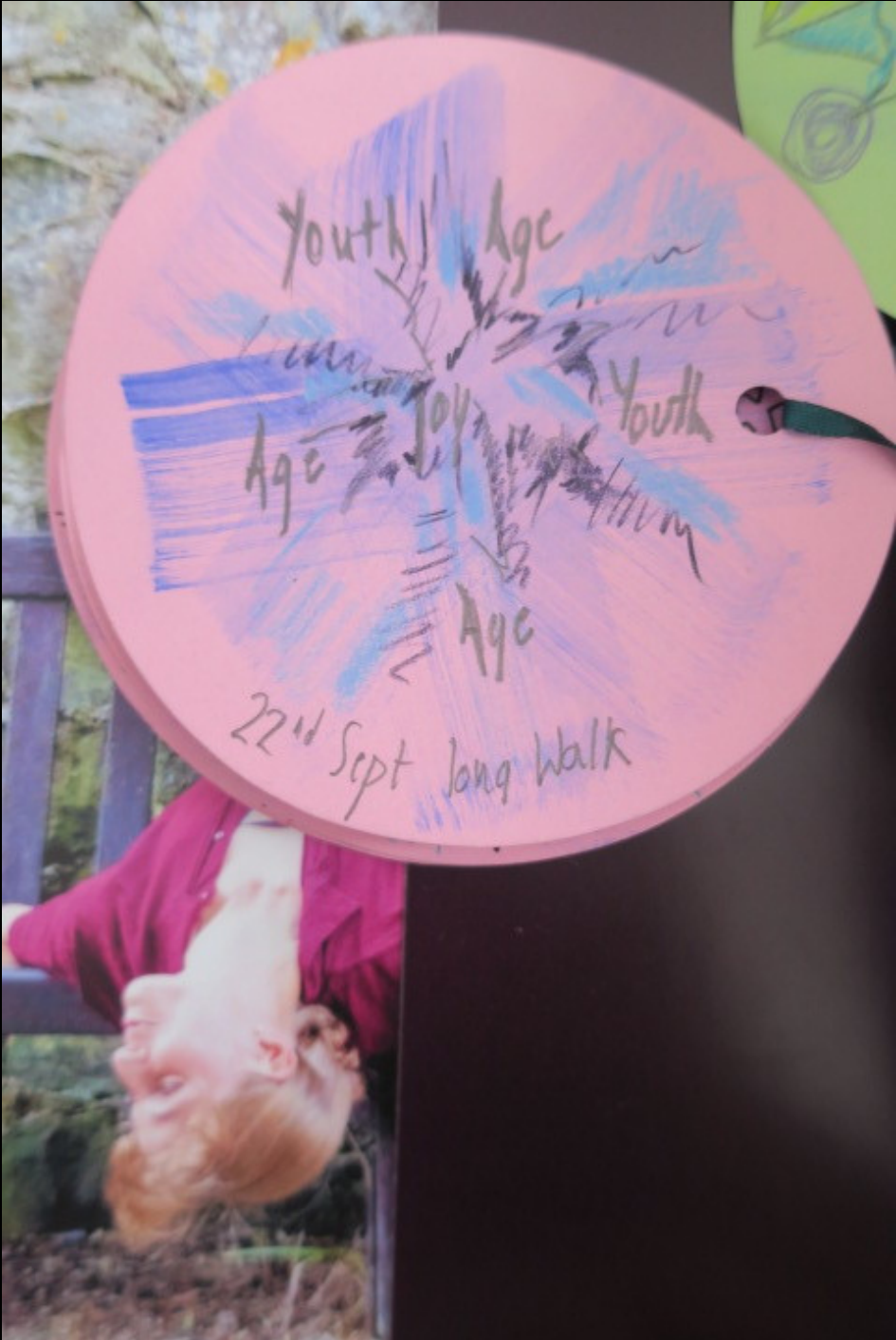


PLAY OF LIFE

Cibby







Youth Age  
Age Joy Age  
Youth  
Age

22nd Sept long walk



Bench Bustle  
Music: Got to find my own way  
by Joyce Kilmer  
Location: Dilly's Bench













finding my own way  
a struggle, a chance to dance?  
dancing my own way

finding my own way  
a struggle, a chance to dance?  
dancing my own way

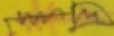
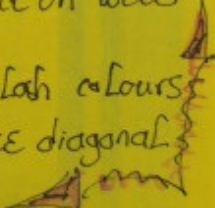
finding my own way  
a struggle, a chance to dance?  
dancing my own way

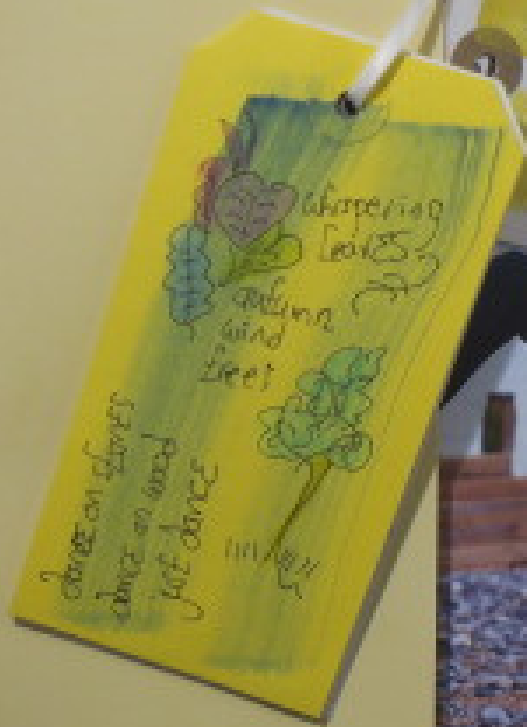




life is a magical dance

Emily: just walk to

  
 whispering leaves  
 autumn wind trees  
 bones dance on stones  
  
 follow the path  
 find your own way  
 bones dance on wood  
  
 mosaic splash colours  
 bones dance diagonal  
  
 Performance path. 24 SEP.







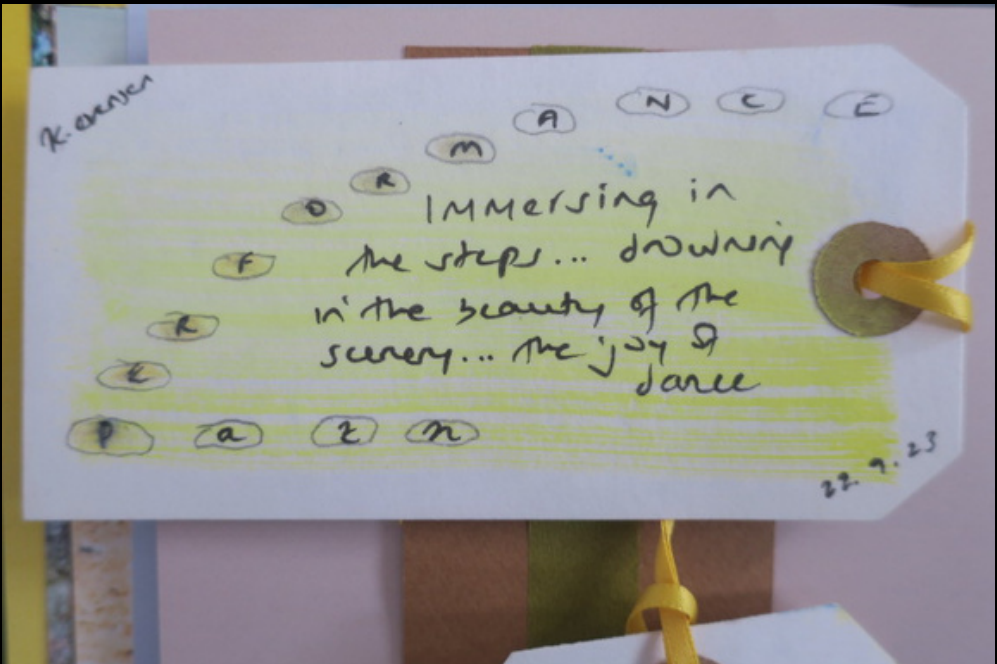
The  
Yanaëlle  
effect

"SVR-FACES"

Polypipes

out  
100  
AM

etc





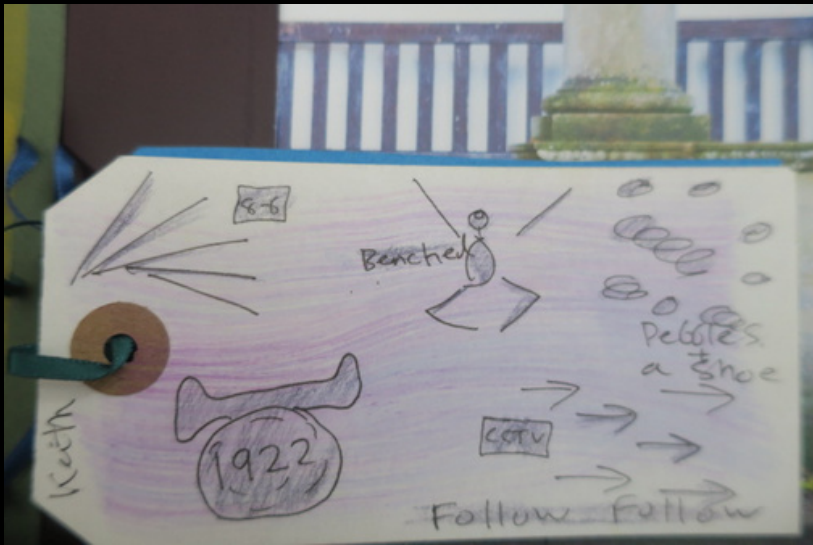










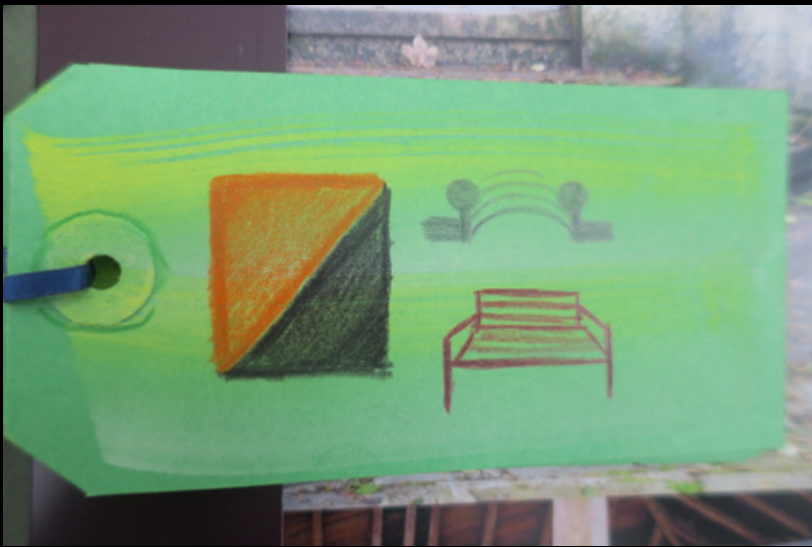




Bone on stone resinated  
with me having lost both parents  
to Dementia

my drawing takes the pen for a  
walk, the tip never leaves the  
paper, symbolising life's journey.  
Today has been a cradle to the grave  
experience full of hope + beauty

AL



“DANCE IS THE HIDDEN LANGUAGE OF  
BONE UPON  
STONE”  
THE SOUL || MARATHA  
GRAHAM.

LOVE + ENJOYED ALL PERFORMANCE  
Very Meditative, strong  
Sense of healing power  
within me while watching  
(recently lost husband)  
On the BEACH: Wow I can  
loose myself + be in my own  
world !!! (IF I CAN DANCE like  
Vanille !!)



The Performance Path - a haiku

Bones age, fall on stones

Restless seat, incessant flow

Lean, slant, reach, rhythm

Pat O'Shea, 24 Sept '23, short path

Another haiku

An Italian grove

Tides foam, ferns glow path  
inches high

Dancer moves with stones







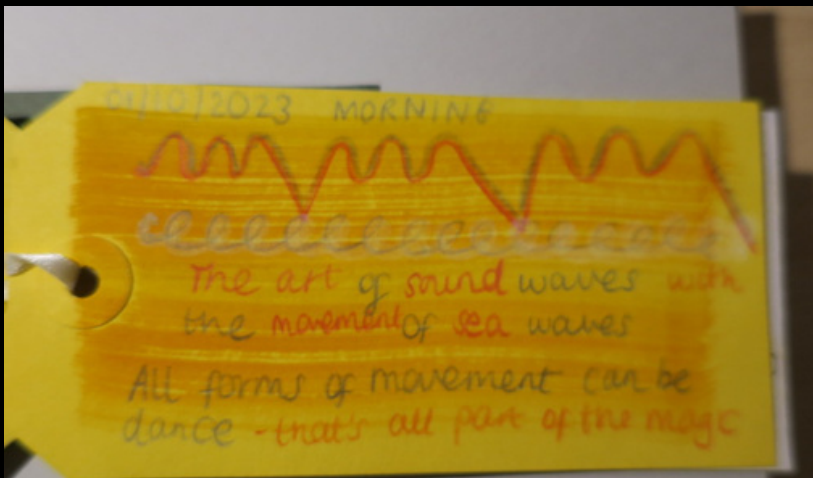
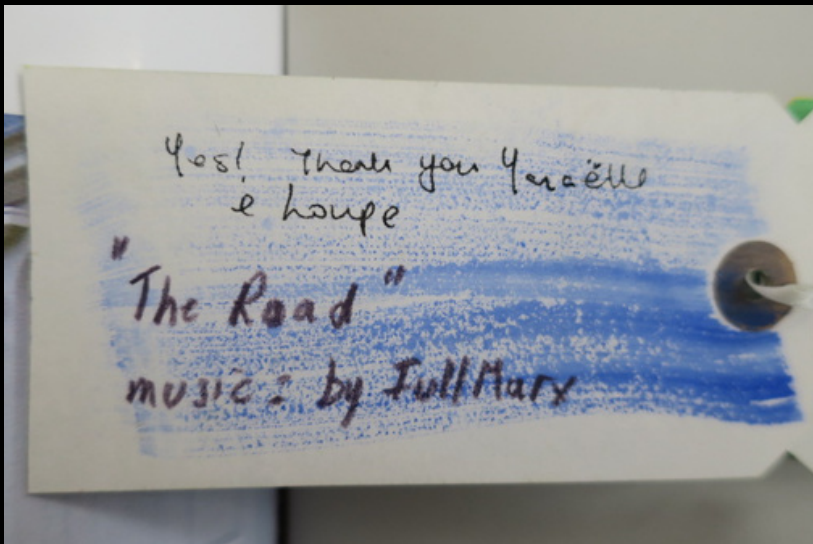


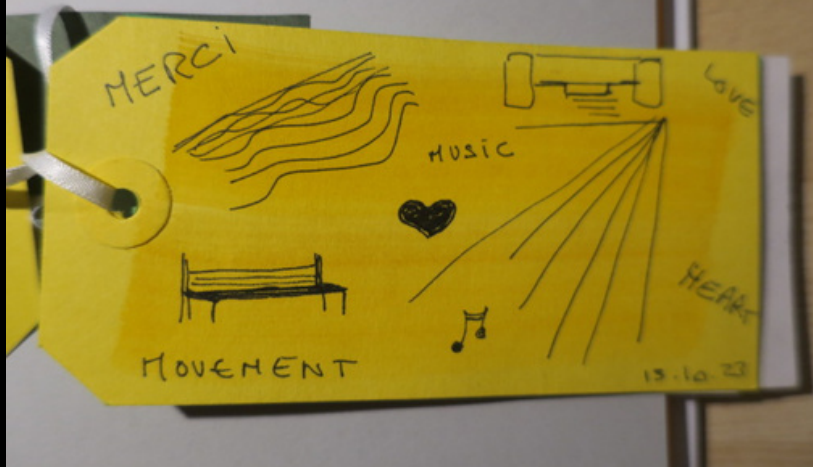
When you go out to work  
you can't see the road  
you can't see the road  
Photos of "The Road"

Green tag

Should it be outside?  
not  
was the dancing?  
the woods and  
the woods are  
the woods are  
the woods are







I did not know what to expect on the path walk.  
The first performance "Bone upon stone" was so emotional that I could not stop crying.  
The music, the words and interpretation was so real, so was the dancing.

Thank you for sharing the magic of dance with the magic of the outdoors and the magic of movement which comes in all shapes + forms



## Photo Credits

1. Front cover : Antony Edwards
  2. Inside front pages : Oliver Piotrowski
  3. Title page : Antony Edwards
  - 4+5. Double page : Towner, Loupe Cooper
  - 6+7. Dance Diagonal : Steven Cropper
  8. Beach Bustle : Antony Edwards
  9. Beach Bustle : Loupe Cooper
  - 10+11. Beach Bustle : double page by Steven Cropper
  12. Surfaces : Steven Cropper
  13. Surfaces : Antony Edwards
  14. Surfaces : series of photos by Loupe Cooper
  17. Surfaces : Antony Edwards
  18. Bone upon Stone : Steven Cropper
  19. Top and bottom : Antony Edwards
  20. The Road : Steven Cropper
  - 21+22. The Road : Antony Edwards
- Back Cover  
Top photo : Oliver Piotrowski  
Bottom photo : Steven Cropper

## THANK YOU FOR WALKING THE PERFORMANCE PATH



Keep in touch @yanaelledanse  
[yanaellethiran.wordpress.com](http://yanaellethiran.wordpress.com)



Join the End of Project Party  
Sat 4 November, 19:00 - 22:00



At Printers Playhouse  
[linktr.ee/theperformancepath2023](http://linktr.ee/theperformancepath2023)



Dance with me  
[bookwhen.com/eds](http://bookwhen.com/eds)

Photo: Silvia Ojeda



Art work by Oliver Piotrowski

WHEN THE RAIN DOESN'T FALL AND YOU SEE IT ALL THROUGHT THE LEAS OF SPACE



THE COLOURS  
KEMANCE



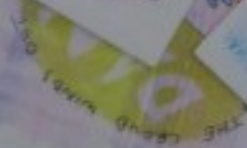
THE  
DIRECTIONAL  
DIPLOSE



IS A WINDY AND  
SUNNY DAY WITH  
WINDS



THE GREAT  
WINDS



MY OWN  
WINDY



20

RATH  
ROUTE

